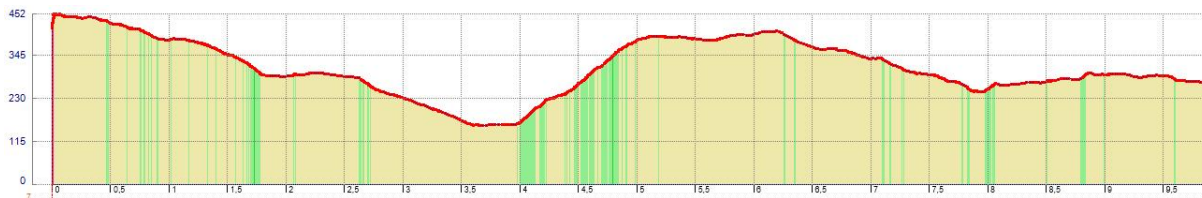


Pantasina-Molini di Prelà-Valloria-Passo della Valle-Acquasanta-Lecchiore-Bellissimi



Elevation profile

Route: 9.9 km

Time: 3 1/2 - 4 hours

Ascent: 416 m

Hiking data

The starting point of the hike is the church square in Pantasina .

Walk into Via Santuario (arrow in Fig. 1) for about 150 metres past the Azienda agricoltura Pino. After a few metres, turn left into Via Lascaris and immediately (after approx. 10 m) turn right into Via Giuseppe Mela (arrow in fig. 2 and 3). Follow the road past the small church of San Giuseppe (Fig. 4) and keep left at the fork in the road (Fig. 4). Keep left at the fork in the road (Fig. 5) and continue slightly downhill until you come to another group of houses (Case Galli). Keep right there (fig. 6). Follow the path to the church of San Damiano (fig. 7). Pass the church (fig. 7), keep right and follow the path downhill through olive groves. After a short distance, the path leads through a deciduous forest. Immediately after the forest, a narrow path (fig. 8) turns off to the left. Follow the narrow path downhill (fig. 9) through olive groves. Between the trees you will occasionally have a view of Praelo and the valley as far as Dolcedo. After about 30 to 50 minutes, you will come to the provincial road (fig. 10). Turn right onto the road to Canneto soprano (Fig. 11).



Cross Canneto soprano until just before the village square, turn left (fig. 12), descend the steps past the church of San Antonio and follow the narrow path to Canneto sottano (fig. 13, 14). Cross the village and follow the road straight ahead (fig. 15), leave the village and continue downhill until you reach the main road in Molini di Prelà. Turn right, follow the provincial road (arrow in fig. 16) past a factory building until you reach a bridge, cross it and turn left immediately after the bridge (fig. 17). After a few metres, turn right onto a path (Fig. 18), which leads steeply uphill and soon rejoins the provincial road (Fig. 19). Follow the road uphill (fig. 20), turn left into a small road (fig. 21), pass the houses of Costiolo (fig. 22), turn left at the end of the road (fig. 23) and after a few metres turn right (fig. 24).



Continue uphill (Fig. 25). After a short, sometimes very steep stretch, you reach a road (Fig. 26), cross it and continue climbing (Fig. 27) until you reach another road (Fig. 28). Turn left there and after a few metres turn right. You reach a chapel (figs. 30, 31, 32, 33), bypass it and after a further ascent you come to a road. Turn left (Fig. 34). Follow this road, which is more or less flat to slightly uphill, to Passo del la Valle. Keep right at the next two forks in the road (figs. 35, 36) and turn left at the next one (fig. 37).



After a few metres you reach the pass and turn right there (Fig. 38). Follow the road downhill, turn right after a short distance (fig. 39) and continue downhill, sometimes steeply (fig. 40, 41, 42). You will finally reach the church of Acquisanta (figs. 43, 44). Go past the church on the left and follow the path that leads in steps to the road to Lecchiore (figs. 44, 45).



Follow the road and turn left in the village (Fig. 46). The road initially goes slightly downhill and leads to the church of Lecchiore. At the side of the church, take a sharp right turn uphill (fig. 47). Follow the above-mentioned markings (fig. A) uphill through the narrow alleyways. Leave Lecchiore and follow the markings through olive groves to Bellissimi (figs. 48, 49, 50, 51, 52, 53, 54, 55, 56). The path ends on the forecourt of Bellissimi church.

